Praying on Your Armor Ephesians 6:10-18

10 A final word: Be strong in the Lord and in his mighty power. 11 Put on all of God's armor so that you will be able to stand firm against all strategies of the devil. 12 For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places.

13 Therefore, put on every piece of God's armor so you will be able to resist the enemy in the time of evil. Then after the battle you will still be standing firm. 14 Stand your ground, putting on the belt of truth and the body armor of God's righteousness. 15 For shoes, put on the peace that comes from the Good News so that you will be fully prepared. 16 In addition to all of these, hold up the shield of faith to stop the fiery arrows of the devil. 17 Put on salvation as your helmet, and take the sword of the Spirit, which is the word of God. 18 Pray in the Spirit at all times and on every occasion. Stay alert and be persistent in your prayers for all believers everywhere. (NLT)

We are told to put on the whole armor of God. We strongly suggest that you pray it on daily, aloud, if you can. Below is just one way to do it. Ask God to teach you the way best suited to you.

- (14) "Stand your ground, putting on the belt of truth" Thank you, Lord, for revealing truth. Make your truth real to me, in me and through me today. Wrap it around me like a belt so I don't stumble or cause anyone else to stumble. Cause me to love the truth and hate all that is false, especially in myself.
- (14) "the body armor of God's righteousness" Lord Jesus, I acknowledge your sacrifice on the Cross for me and appropriate the righteousness you purchased for me and I pray that righteousness, your precious blood over my mind, emotions, will, physical body and spirit that it might cleanse and protect me.
- (15) "put on the **peace** that comes from (believing) the **Good News**" Thank you for your Gospel, the revelation that you are a good God, a God who rescues us. Thank you, Father, that in Christ I need never fear your condemnation. Thank you for calling my name, reaching down and bringing me out of darkness and transferring me into your kingdom of light, far above all powers, rulers and authorities. (Col.1:13) Thank you for your gift of peace of mind and heart. (Jn.14:27) Make me an instrument of your peace.
- (16) "hold up the shield of **faith** to stop the fiery arrows of the devil." Thank you for your promise of sufficient faith to face every situation that awaits me. Surround me on all sides, top and bottom with that shield so that nothing will come into my life today but what is in your perfect will. Ward off every accusation and distraction of the enemy. (Imagine that shield around you.)

- (17)"Put on salvation as your helmet" Thank you for your salvation that protects my mind. Fill my mind today with thoughts from you and about you, good, noble, pure, kind and true. Set a guard at my mouth and anoint my lips with life-giving words. (Ps.141:3)
- (17) "take the sword of the Spirit, which is the word of God" Lord, cause your word to come alive to me, in me and through me. Make me your living word, as Jesus is the Living Word. Cause me to love your word so that I might learn it and live it.
- (18) "Pray in the Spirit at all times and on every occasion. Stay alert and be persistent in your prayers." Lord, as I go through this day fill me continually with your Spirit. Come Holy Spirit, empower me and fill me with your love, joy, peace, patience, kindness, goodness, gentleness, faithfulness and self-control. (Gal.5:22) Teach me to stay alert to your presence and to pray your will in every situation.
- I now commit this day to you, Lord, for you have promised (Prov.16:3) that what is committed to you will succeed. I choose to align myself, all that I am and all that you have given me, with everything you have planned and purposed for today and the weeks ahead.

I pray this in the name and through the power and authority of my Lord and Savior, Jesus Christ. Amen.

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