

Lord, I'm Stuck!

"But if the Son sets you free, you are free indeed!"
(John 8:38)

We access all the love and blessings of God by learning to listen to him, trust him and obey what he says. We usually don't need to run out and learn a bunch of new things, but we simply start by believing and obeying those things God has already told us.

THINGS THAT BLOCK US:

1. False understandings of who God is.
2. False understanding of who we are in Christ.
3. Not knowing and believing what God says.
4. Refusing to surrender and do it God's way.
5. Continuing to live with known and/or unconfessed sin.
6. Not understanding the role of the devil and his plan to defeat us.

PRACTICAL WAYS TO OVERCOME THE BLOCKS:

1. Make it our goal to love God with all that we are. (Matt. 22:37)
2. Confess any sin the Holy Spirit brings to our mind and turn from that attitude or behavior.
3. Forgive anyone who has hurt us. Set healthy boundaries.
4. Ask God to teach you who he is and your true identity in Christ.
5. Retrain our minds with biblical, godly thoughts and attitudes. (Rom. 12:2)
6. Learn to capture our thoughts and hold them up to the truth. (2 Cor. 10:5)
7. Ask the Holy Spirit to strengthen our wills to choose what is right. Practice choosing to do things God's way.
8. Start where we are, not where we wish we were. Be realistic.
9. Seek out help and accountability, perhaps a prayer partner or mentor.

If we trust God, we must choose to trust him in all the areas of our life, not just the ones that feel comfortable in the moment. What we completely surrender to the Lord, he will bless, protect and grow. Therefore, we need to choose to make the commitment of every part of ourselves to God.

Are you ready? If so, pray:

"Lord, knock down whatever is blocking me. Lord, I choose to believe that what you say is true. I choose to trust and obey you in all that I do. I now recommit my life to you. I trust you with every part of it. I give it to you - take my family, my work, my ministries, my health, my time, my resources, my struggles, my worry and my pain. I give you permission to

move into every area of my mind, soul, emotions, choices, and body. Cleanse and renew them. Teach me all that I need to know to stay free. Come, Holy Spirit, enable and empower me to trust and obey so that I might receive all the blessings of my inheritance. Father, I choose to receive your love. Amen.”